

LEE VALLEY



Start	Finish	Tuesday 12 September	Number of Slots	00:00:00	Elapsed Time
		Venue open	1	00:05:00	00:05:00
08:30:00	08:45:00	Water on	1	00:15:00	00:15:00
		OFFICIAL TRAINING			
09:00:00	20:00:00	CSL - Training	11	01:00:00	11:00:00
20:00:00	20:05:00	Water Off	1	00:05:00	00:05:00
		Venue closed	1	00:05:00	00:05:00
Start	Finish	Wednesday 13 September	Number of Slots	Interval	Elapsed Time
		Venue open	1	00:05:00	00:05:00
08:30:00	08:45:00	Water on	1	00:15:00	00:15:00
		OFFICIAL TRAINING			
09:00:00	16:30:00	CSL - Training	10	00:45:00	07:30:00
16:30:00	17:15:00	CSLX construction and Forerunners	1	00:45:00	00:45:00
17:15:00	20:15:00	CSLX - Training	4	00:45:00	03:00:00
20:15:00	20:20:00	Water Off	1	00:05:00	00:05:00
		Venue closed	1	00:05:00	00:05:00
Start	Finish	Thursday 14 September	Number of Slots	Interval	Elapsed Time
		Venue open	1	00:05:00	00:05:00
08:30:00	08:45:00	Water on	1	00:15:00	00:15:00
		OFFICIAL TRAINING			
09:00:00	20:00:00	CSL - CSLX Training	11	01:00:00	11:00:00
20:00:00	20:05:00	Water Off	1	00:05:00	00:05:00
		Venue closed	1	00:05:00	00:05:00
Start	Finish	Friday 15 September	Number of Slots	Interval	Elapsed Time
		Venue open	1	00:05:00	00:05:00
08:30:00	08:45:00	Water on	1	00:15:00	00:15:00
		OFFICIAL TRAINING			
09:00:00	16:30:00	CSL - Training	10	00:45:00	07:30:00
16:30:00	17:15:00	CSLX construction and Forerunners	1	00:45:00	00:45:00
17:15:00	20:15:00	CSLX - Training	4	00:45:00	03:00:00
20:15:00	20:20:00	Water Off	1	00:05:00	00:05:00
		Venue closed	1	00:05:00	00:05:00
Start	Finish	Saturday 16 September	Number of Slots	Interval	Elapsed Time
		Venue open	1	00:05:00	00:05:00
07:30:00	07:45:00	Water on	1	00:15:00	00:15:00
		OFFICIAL TRAINING			
08:00:00	19:00:00	CSL - CSLX Training	11	01:00:00	11:00:00
19:00:00	19:05:00	Water Off	1	00:05:00	00:05:00
		TEAM LEADERS MEETING			
18:15:00	19:45:00	CSL - Team Leaders Meeting	1	01:30:00	01:30:00
		Venue closed	1	00:05:00	00:05:00
Start	Finish	Sunday 17 September	Number of Slots	Interval	Elapsed Time
		Venue open	1	00:05:00	00:05:00
07:45:00	08:00:00	Water on	1	00:15:00	00:15:00
		OFFICIAL TRAINING			
08:00:00	08:30:00	Forerunners training	1	00:30:00	00:30:00
08:30:00	16:00:00	CSL Training	10	00:45:00	07:30:00
16:00:00	16:05:00	Water Off	1	00:05:00	00:05:00
		Venue closed	1	00:05:00	00:05:00
		OPENING CEREMONY IN THE WALTHAM ABBEY			<u> </u>
17:00:00	18:00:00	Opening ceremony	1	01:00:00	01:00:00



LEE VALLEY



Start	Finish	Monday 18 September	Number of Slots	Interval	Elapsed Tim
		Venue open	1	00:05:00	00:05:00
07:45:00	08:00:00	Water on	1	00:15:00	00:15:00
		OFFICIAL TRAINING			
08:00:00	14:40:00	CSL Training	10	00:40:00	06:40:00
14:40:00	14:45:00	Water Off	1	00:05:00	00:05:00
		ITO 1st MEETING			
14:00:00	15:00:00	ITO Meeting	1	01:00:00	01:00:00
		CANOE SLALOM - TEAM EVENTS COURSE CONSTRUC	TION		
15:00:00	16:30:00	Team events - Course construction and course setting/Tuning	1	01:30:00	01:30:00
15:45:00	16:30:00	Team events - Course tuning with demonstration runners	1	00:45:00	00:45:00
16:30:00	16:40:00	Team events - Course review with technical manager	1	00:10:00	00:10:00
16:40:00	16:45:00	Team events - Course approval	1	00:05:00	00:05:00
		Interval			00:15:00
17:00:00	17:16:00	Team events - Demonstration run & rehearsal (4 teams)	4	00:04:00	00:16:00
		Interval	+		00:44:00
18:00:00	18:05:00	Water Off	1	00:05:00	00:05:00
10.00.00	10.05.00	Venue closed	1	00:05:00	00:05:00
			Number		
Start	Finish	Tuesday 19 September	of Boats	Interval	Elapsed Tim
		Venue open	1	00:05:00	00:05:00
09:15:00	09:30:00	Water on	1	00:15:00	00:15:00
	ļ	CANOE SLALOM - TEAM EVENTS			_
10:10:00	10:20:00	Forerunners Team	4	00:02:30	00:10:00
		Interval			00:10:00
10:30:00	10:57:30	Women's Canoe Team	11	00:02:30	00:27:30
		Interval			00:05:00
11:02:30	11:45:00	Men's Canoe Team	17	00:02:30	00:42:30
== ==		Interval	1		00:05:00
11:50:00	12:30:00	Women's Kayak Team	16	00:02:30	00:40:00
		Interval			00:08:00
12:38:00	13:40:30	Men's Kayak Team	25	00:02:30	01:02:30
		Interval			00:19:30
		CANOE SLALOM - AWARDS	1		
14:00:00	14:07:00	Women's Canoe Team - Awards	1	00:07:00	00:07:00
14:07:00	14:14:00	Men's Canoe Team - Awards	1	00:07:00	00:07:00 00:07:00
14:14:00	14:21:00	Women's Kayak Team - Awards	1	00:07:00	
14:21:00	14:28:00	Men's Kayak Team - Awards Interval	1	00:07:00	00:07:00
		CANOE SLALOM - HEATS COURSE CONSTRUCTIO	N		
14:00:00	16:30:00	Heats - Course construction and course setting/Tuning	1	02:30:00	02:30:00
15:45:00	16:30:00	Heats - Course tuning with demonstration runners	1	02:30:00	02:30:00
16:30:00		-	+	00:45:00	00:45:00
	16:40:00	Heats - Course review with technical manager	1		
16:40:00	16:45:00	Heats - Course approval	1	00:05:00	00:05:00
17.00.00	17.16:00	Interval	+	00.03.00	00:15:00
17:00:00	17:16:00	Heats - full length demo run & rehearsal	8	00:02:00	00:16:00
10.00.00	10:05:00	Interval	+ . +	00.05.00	00:44:00
18:00:00	18:05:00	Water Off	1	00:05:00	00:05:00
		Venue closed	1	00:05:00	00:05:00



LEE VALLEY



Start	Finish	Wednesday 20 September	Number of Boats	Interval	Elapsed Time
		Venue open	1	00:05:00	00:05:00
09:15:00	09:30:00	Water on	1	00:15:00	00:15:00
		CANOE SLALOM - FORERUNNERS - Group 1			
10:10:00	10:14:00	Forerunners	4	00:01:00	00:04:00
		Interval			00:16:00
		CANOE SLALOM - GROUP 1 - Heats run 1			
10:30:00	11:30:00	Women's Canoe - Heats run 1	59	00:01:00	00:59:00
		Interval			00:04:00
11:34:00	12:53:00	Men's Canoe - Heats run 1	79	00:01:00	01:19:00
		Interval			01:07:00
		CANOE SLALOM - GROUP 1 - Heats run 2			
14:00:00	14:39:00	Women's Canoe - Heats run 2	39	00:01:00	00:39:00
		Interval			00:04:00
14:43:00	15:42:00	Men's Canoe - Heats run 2	59	00:01:00	00:59:00
14 00 00	16.05.00	Interval		00.05.00	00:18:00
16:00:00	16:05:00	Water Off	1	00:05:00	00:05:00
		Venue closed	Number	00:05:00	00:05:00
Start	Finish	Thursday 21 September	of Roats	Interval	Elapsed Time
07:45:00	00.00.00	Venue open	1	00:05:00	00:05:00
07:45:00	08:00:00	Water on	1	00:15:00	00:15:00
08:40:00	08:44:00	CANOE SLALOM - FORERUNNERS - Group 2 Forerunners	4	00:01:00	00:04:00
08:40:00	08:44:00		4	00:01:00	
		Interval			00:16:00
		CANOE SLALOM - GROUP 2 - Heats run 1			
09:00:00	10:20:00	Women's Kayak - Heats run 1	80	00:01:00	01:20:00
		Interval			00:04:00
10:24:00	12:11:00	Men's Kayak - Heats run 1	106	00:01:00	01:46:00
		Interval			01:19:00
		CANOE SLALOM - GROUP 2 - Heats run 2			
13:30:00	14:30:00	Women's Kayak - Heats run 2	60	00:01:00	01:00:00
		Interval			00:04:00
14:34:00	16:00:00	Men's Kayak - Heats run 2	86	00:01:00	01:26:00
11.51.00	10.00.00	Interval	- 55	00.01.00	00:15:00
		CANOE SLALOM - SEMI FINAL / FINAL COURSE- CONST	RUCTION		
16:15:00	17:45:00	Semi final / Final - Course construction	1	01:30:00	01:30:00
17:00:00	17:45:00	Semi final / Final - Course tuning with demonstration runners	1	00:45:00	00:45:00
17:45:00	17:55:00	Semi final / Final - Course review with technical manager	1	00:10:00	00:10:00
17:55:00	18:00:00	Semi final / Final - Course approval	1	00:05:00	00:05:00
		Interval	+		00:15:00
18:15:00	18:31:00	Semi final / Final - full length demo run 2 & rehearsal	8	00:02:00	00:16:00
10.13.00	10.51.00	Interval	+ +	00.02.00	00:54:00
19:25:00	19:30:00	Water Off	1	00:05:00	00:05:00
		Venue closed	1	00:05:00	00:05:00



LEE VALLEY



Start	Finish	Friday 22 September	Number of Boats	Interval	Elapsed Time
		Venue open	1	00:05:00	00:05:00
08:45:00	09:00:00	Water on	1	00:15:00	00:15:00
		CANOE SLALOM - FORERUNNERS - Group 1			
09:40:00	09:48:00	Forerunners	4	00:02:00	00:08:00
		Interval			00:15:00
		Canoe Slalom - Group 1 - Semi finals			<u> </u>
10:00:00	10:03:00	International TV feed ON	1	00:03:00	00:03:00
10:03:00	11:03:00	Women's Canoe - Semi final	30	00:02:00	01:00:00
		Interval			00:05:00
11:08:00	12:08:00	Men's Canoe - Semi final	30	00:02:00	01:00:00
12:08:00	12:10:00	International TV feed OFF	1	00:02:00	00:02:00
		Interval Canoe Slalom - Group 1 - Finals & Medals			01:20:00
13:30:00	13:35:00	International TV feed ON	1	00:05:00	00:05:00
13:35:00	14:06:30	Women's Canoe - Final (1 minute30 " break after the 5th)	10	00:03:00	00:31:30
11.12.00	44.42.20	Interval Company Compa	10	00.00.00	00:05:30
14:12:00	14:43:30	Men's Canoe - Final (1 minute30 " break after the 5th) International TV feed OFF	10 1	00:03:00	00:31:30
14:43:30	14:50:00	International IV feed OFF Interval	1	00:06:30	00:06:30 00:07:00
14:57:00	15:00:00	International TV feed ON	1	00:03:00	00:07:00
15:00:00	15:06:00	Women's Canoe - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
15:07:00	15:13:00	Men's Canoe- Medals ceremony	1	00:06:00	00:06:00
15:13:00	15:16:00	International TV feed OFF	1	00:03:00	00:03:00
15:30:00	15:35:00	Water Off	1	00:05:00	00:05:00
		Venue closed	1 Number	00:05:00	00:05:00
Start	Finish	Saturday 23 September	of Posto	Interval	Elapsed Time
00.45.00	00.00.00	Venue open	1	00:05:00	00:05:00
08:45:00	09:00:00	Water on CANOE SLALOM - FORERUNNERS - Group 2	1	00:15:00	00:15:00
09:40:00	09:48:00	Forerunners	4	00:02:00	00:08:00
		Interval			00:15:00
		Canoe Slalom - Group 2 - Semi finals			
10:00:00	10:03:00	International TV feed ON	1	00:03:00	00:03:00
10:03:00	11:03:00	Women's Kayak - Semi final	30	00:02:00	01:00:00
		Interval			00:05:00
11:08:00	12:28:00	Men's Kayak - Semi final	40	00:02:00	01:20:00
12:28:00	12:30:00	International TV feed OFF	1	00:02:00	00:02:00
		Interval			01:00:00
		Canoe Slalom - Group 2 - Finals & Medals			01:00:00
13:30:00	13:35:00	Canoe Slalom - Group 2 - Finals & Medals International TV feed ON	1	00:05:00	00:05:00
13:30:00 13:35:00	13:35:00 14:06:30	Canoe Slalom - Group 2 - Finals & Medals	1 10	00:05:00 00:03:00	00:05:00 00:31:30
13:35:00	14:06:30	Canoe Slalom - Group 2 - Finals & Medals International TV feed ON Women's Kayak - Final (1 minute30 " break after the 5th) Interval	10	00:03:00	00:05:00 00:31:30 00:05:30
13:35:00 14:12:00	14:06:30 14:43:30	Canoe Slalom - Group 2 - Finals & Medals International TV feed ON Women's Kayak - Final (1 minute30 " break after the 5th) Interval Men's Kayak - Final (1 minute30 " break after the 5th)	10	00:03:00	00:05:00 00:31:30 00:05:30 00:31:30
13:35:00	14:06:30	Canoe Slalom - Group 2 - Finals & Medals International TV feed ON Women's Kayak - Final (1 minute30 " break after the 5th) Interval Men's Kayak - Final (1 minute30 " break after the 5th) International TV feed OFF	10	00:03:00	00:05:00 00:31:30 00:05:30 00:31:30 00:06:30
13:35:00 14:12:00 14:43:30	14:06:30 14:43:30 14:50:00	Canoe Slalom - Group 2 - Finals & Medals International TV feed ON Women's Kayak - Final (1 minute30 " break after the 5th) Interval Men's Kayak - Final (1 minute30 " break after the 5th) International TV feed OFF Interval	10 10 1	00:03:00 00:03:00 00:06:30	00:05:00 00:31:30 00:05:30 00:31:30 00:06:30 00:07:00
13:35:00 14:12:00 14:43:30 14:57:00	14:06:30 14:43:30 14:50:00	Canoe Slalom - Group 2 - Finals & Medals International TV feed ON Women's Kayak - Final (1 minute30 " break after the 5th) Interval Men's Kayak - Final (1 minute30 " break after the 5th) International TV feed OFF Interval International TV feed ON	10 10 1	00:03:00 00:03:00 00:06:30	00:05:00 00:31:30 00:05:30 00:31:30 00:06:30 00:07:00 00:03:00
13:35:00 14:12:00 14:43:30	14:06:30 14:43:30 14:50:00	Canoe Slalom - Group 2 - Finals & Medals International TV feed ON Women's Kayak - Final (1 minute30 " break after the 5th) Interval Men's Kayak - Final (1 minute30 " break after the 5th) International TV feed OFF Interval International TV feed ON Women's Kayak - Medals ceremony	10 10 1	00:03:00 00:03:00 00:06:30	00:05:00 00:31:30 00:05:30 00:31:30 00:06:30 00:07:00 00:03:00 00:06:00
13:35:00 14:12:00 14:43:30 14:57:00 15:00:00	14:06:30 14:43:30 14:50:00 15:00:00 15:06:00	Canoe Slalom - Group 2 - Finals & Medals International TV feed ON Women's Kayak - Final (1 minute30 " break after the 5th) Interval Men's Kayak - Final (1 minute30 " break after the 5th) International TV feed OFF Interval International TV feed ON Women's Kayak - Medals ceremony Interval	10 10 1 1 1	00:03:00 00:03:00 00:06:30 00:03:00 00:06:00	00:05:00 00:31:30 00:05:30 00:31:30 00:06:30 00:07:00 00:03:00 00:06:00 00:01:00
13:35:00 14:12:00 14:43:30 14:57:00 15:00:00 15:07:00	14:06:30 14:43:30 14:50:00 15:00:00 15:06:00 15:13:00	Canoe Slalom - Group 2 - Finals & Medals International TV feed ON Women's Kayak - Final (1 minute30 " break after the 5th) Interval Men's Kayak - Final (1 minute30 " break after the 5th) International TV feed OFF Interval International TV feed ON Women's Kayak - Medals ceremony Interval Men's Kayak - Medals ceremony	10 10 1 1 1 1 1	00:03:00 00:03:00 00:06:30 00:03:00 00:06:00	00:05:00 00:31:30 00:05:30 00:31:30 00:06:30 00:07:00 00:03:00 00:06:00 00:01:00 00:06:00
13:35:00 14:12:00 14:43:30 14:57:00 15:00:00 15:07:00 15:13:00	14:06:30 14:43:30 14:50:00 15:00:00 15:06:00 15:13:00 15:16:00	Canoe Slalom - Group 2 - Finals & Medals International TV feed ON Women's Kayak - Final (1 minute30 " break after the 5th) Interval Men's Kayak - Final (1 minute30 " break after the 5th) International TV feed OFF Interval International TV feed ON Women's Kayak - Medals ceremony Interval Men's Kayak- Medals ceremony International TV feed OFF	10 10 1 1 1 1 1 1	00:03:00 00:03:00 00:06:30 00:03:00 00:06:00 00:06:00 00:03:00	00:05:00 00:31:30 00:05:30 00:31:30 00:06:30 00:06:30 00:07:00 00:03:00 00:06:00 00:01:00 00:06:00 00:03:00
13:35:00 14:12:00 14:43:30 14:57:00 15:00:00 15:07:00	14:06:30 14:43:30 14:50:00 15:00:00 15:06:00 15:13:00	Canoe Slalom - Group 2 - Finals & Medals International TV feed ON Women's Kayak - Final (1 minute30 " break after the 5th) Interval Men's Kayak - Final (1 minute30 " break after the 5th) International TV feed OFF Interval International TV feed ON Women's Kayak - Medals ceremony Interval Men's Kayak- Medals ceremony International TV feed OFF Water Off	10 10 1 1 1 1 1	00:03:00 00:03:00 00:06:30 00:03:00 00:06:00	00:05:00 00:31:30 00:05:30 00:05:30 00:06:30 00:07:00 00:03:00 00:06:00 00:01:00 00:06:00
13:35:00 14:12:00 14:43:30 14:57:00 15:00:00 15:07:00 15:13:00 15:30:00	14:06:30 14:43:30 14:50:00 15:00:00 15:06:00 15:13:00 15:16:00 15:35:00	Canoe Slalom - Group 2 - Finals & Medals International TV feed ON Women's Kayak - Final (1 minute30 " break after the 5th) Interval Men's Kayak - Final (1 minute30 " break after the 5th) International TV feed OFF Interval International TV feed ON Women's Kayak - Medals ceremony Interval Men's Kayak- Medals ceremony International TV feed OFF Water Off KAYAK CROSS - COURSE SETTING	10 10 1 1 1 1 1 1 1	00:03:00 00:03:00 00:06:30 00:03:00 00:06:00 00:06:00 00:03:00 00:05:00	00:05:00 00:31:30 00:05:30 00:31:30 00:06:30 00:06:30 00:07:00 00:03:00 00:06:00 00:01:00 00:06:00 00:03:00 00:05:00
13:35:00 14:12:00 14:43:30 14:57:00 15:00:00 15:07:00 15:13:00	14:06:30 14:43:30 14:50:00 15:00:00 15:06:00 15:13:00 15:16:00	Canoe Slalom - Group 2 - Finals & Medals International TV feed ON Women's Kayak - Final (1 minute30 " break after the 5th) Interval Men's Kayak - Final (1 minute30 " break after the 5th) International TV feed OFF Interval International TV feed ON Women's Kayak - Medals ceremony Interval Men's Kayak- Medals ceremony International TV feed OFF Water Off	10 10 1 1 1 1 1 1	00:03:00 00:03:00 00:06:30 00:03:00 00:06:00 00:06:00 00:03:00	00:05:00 00:31:30 00:05:30 00:31:30 00:06:30 00:06:30 00:07:00 00:03:00 00:06:00 00:01:00 00:06:00 00:03:00
13:35:00 14:12:00 14:43:30 14:57:00 15:00:00 15:07:00 15:13:00 15:30:00	14:06:30 14:43:30 14:50:00 15:00:00 15:06:00 15:13:00 15:16:00 15:35:00	Canoe Slalom - Group 2 - Finals & Medals International TV feed ON Women's Kayak - Final (1 minute30 " break after the 5th) Interval Men's Kayak - Final (1 minute30 " break after the 5th) International TV feed OFF Interval International TV feed ON Women's Kayak - Medals ceremony Interval Men's Kayak- Medals ceremony International TV feed OFF Water Off KAYAK CROSS - COURSE SETTING CSL Course removal	10 10 1 1 1 1 1 1 1 1	00:03:00 00:03:00 00:06:30 00:03:00 00:06:00 00:06:00 00:03:00 00:05:00	00:05:00 00:31:30 00:05:30 00:31:30 00:06:30 00:07:00 00:03:00 00:06:00 00:06:00 00:05:00 00:05:00



LEE VALLEY



Start	Finish	Sunday 24 September	Number of Roats	Interval	Elapsed Tim
		Venue open	1	00:05:00	00:05:00
07:45:00	08:00:00	Water on	1	00:15:00	00:15:00
		KAYAK CROSS - TIME TRIALS			
08:40:00	08:45:20	Forerunners	8	00:00:40	00:05:20
		Interval			00:14:40
09:00:00	09:46:40	Women's Kayak Cross - Time trials	70	00:00:40	00:46:40
		Interval			00:06:00
09:52:40	11:04:00	Men's Kayak Cross - Time trials	107	00:00:40	01:11:20
		Interval			00:41:00
		KAYAK CROSS - HEATS PHASE			1
11:45:00	11:51:00	Kayak Cross - Forerunners	2	00:03:00	00:06:00
		Interval			00:04:00
11:55:00	12:19:00	Women's Kayak Cross - Heats	8	00:03:00	00:24:00
12:19:00	12:43:00	Men's Kayak Cross - Heats	8	00:03:00	00:24:00
		Interval			00:47:00
		KAYAK CROSS - FINAL PHASES			
13:30:00	13:34:00	International TV feed ON	1	00:04:00	00:04:00
13:34:00	13:52:00	Women's Kayak Cross - Quarterfinal	4	00:04:30	00:18:00
13:52:00	14:10:00	Men's Kayak Cross - Quarterfinal	4	00:04:30	00:18:00
14:10:00	14:19:00	Women's Kayak Cross - Semi final	2	00:04:30	00:09:00
14:19:00	14:28:00	Men's Kayak Cross - Semi final	2	00:04:30	00:09:00
		Interval			00:02:00
14:30:00	14:34:30	Women's Kayak Cross - Final	1	00:04:30	00:04:30
		Interval			00:01:30
14:36:00	14:40:30	Men's Kayak Cross - Final	1	00:04:30	00:04:30
14:40:30	14:47:00	International TV feed OFF	1	00:06:30	00:06:30
		Interval			00:10:00
14:57:00	15:00:00	International TV feed ON	1	00:03:00	00:03:00
15:00:00	15:06:00	Women's Kayak - Medals ceremony	1	00:06:00	00:06:00
15.00.00	13.00.00	Interval	1	00.00.00	00:01:00
15.07.00	15.12.00			00:06:00	
15:07:00	15:13:00	Men's Kayak- Medals ceremony	1	00:06:00	00:06:00
		CLOSING CEREMONY			
		Interval			00:01:00
15:14:00	15:20:00	CSL Nation Cups	1	00:06:00	00:06:00
15:20:00	15:26:00	CSL Closing ceremony	1	00:06:00	00:06:00
15:26:00	15:29:00	International TV feed OFF	1	00:03:00	00:03:00
15:29:00	15:34:00	Water Off	1	00:05:00	00:05:00
		Venue closed	1	00:05:00	00:05:00