

Tour en km 3,5

Petite boucle 1,2

| Départ | Date | Catégorie | | Distance | Grands tours | Petit tour | Portages |
|---|------------|-----------|-------|----------|-----------------|---------------|----------|
| 10:00:00 | 17/09/2022 | K2 | H C | 15,2 | 4 | 1 | 3 |
| 10:00:00 | 17/09/2022 | K2 | D C | 15,2 | 4 | 1 | 3 |
| 10:00:00 | 17/09/2022 | C2 | H C | 15,2 | 4 | 1 | 3 |
| 10:00:00 | 17/09/2022 | K2 | M C | 15,2 | 4 | 1 | 3 |
| 10:03:00 | 17/09/2022 | C1 | D S | 15,2 | 4 | 1 | 3 |
| 10:03:00 | 17/09/2022 | C1 | D J | 11,7 | 3 | 1 | 2 |
| 10:03:00 | 17/09/2022 | C1 | D C | 8,2 | 2 | 1 | 1 |
| Podiums à partir de 11:30:00 | | | | | | | |
| 13:00:00 | 17/09/2022 | K1 | H V1 | 18,7 | 5 | 1 | 4 |
| 13:00:00 | 17/09/2022 | K1 | H V2 | 18,7 | 5 | 1 | 4 |
| 13:00:00 | 17/09/2022 | K1 | H V3 | 18,7 | 5 | 1 | 4 |
| 13:03:00 | 17/09/2022 | K1 | H V4 | 18,7 | 5 | 1 | 4 |
| 13:03:00 | 17/09/2022 | K1 | H V5+ | 18,7 | 5 | 1 | 4 |
| 13:06:00 | 17/09/2022 | K1 | D V1 | 15,2 | 4 | 1 | 3 |
| 13:06:00 | 17/09/2022 | K1 | D V2 | 15,2 | 4 | 1 | 3 |
| 13:06:00 | 17/09/2022 | K1 | D V3 | 15,2 | 4 | 1 | 3 |
| 13:06:00 | 17/09/2022 | K1 | D V4 | 15,2 | 4 | 1 | 3 |
| 13:06:00 | 17/09/2022 | K1 | D V5+ | 15,2 | 4 | 1 | 3 |
| 13:06:00 | 17/09/2022 | C1 | H V1 | 15,2 | 4 | 1 | 3 |
| 13:06:00 | 17/09/2022 | C1 | H V2 | 15,2 | 4 | 1 | 3 |
| 13:06:00 | 17/09/2022 | C1 | H V3 | 15,2 | 4 | 1 | 3 |
| 13:06:00 | 17/09/2022 | C1 | H V4 | 15,2 | 4 | 1 | 3 |
| 13:06:00 | 17/09/2022 | C1 | H V5+ | 15,2 | 4 | 1 | 3 |
| Podiums à partir de 15:00:00 | | | | | | | |
| 15:15:00 | 17/09/2022 | K1 | H S | 29,2 | 8 | 1 | 7 |
| 15:15:00 | 17/09/2022 | K1 | H U23 | 25,7 | 7 | 1 | 6 |
| 15:18:00 | 17/09/2022 | K1 | D S | 25,7 | 7 | 1 | 6 |
| 15:18:00 | 17/09/2022 | K1 | D U23 | 22,2 | 6 | 1 | 5 |
| 15:18:00 | 17/09/2022 | C1 | H S | 25,7 | 7 | 1 | 6 |
| 15:18:00 | 17/09/2022 | C1 | H U23 | 22,2 | 6 | 1 | 5 |
| 15:21:00 | 17/09/2022 | K2 | H J | 22,2 | 6 | 1 | 5 |
| 15:21:00 | 17/09/2022 | K2 | M J | 22,2 | 6 | 1 | 5 |
| 15:21:00 | 17/09/2022 | K2 | D J | 18,7 | 5 | 1 | 4 |
| 15:21:00 | 17/09/2022 | C2 | H J | 18,7 | 5 | 1 | 4 |
| Podiums à partir de 17:30:00 | | | | | | | |
| 09:00:00 | 18/09/2022 | K2 | H V | 18,7 | 5 | 1 | 4 |
| 09:00:00 | 18/09/2022 | K2 | M V | 18,7 | 5 | 1 | 4 |
| 09:00:00 | 18/09/2022 | K2 | D V | 15,2 | 4 | 1 | 3 |
| 09:00:00 | 18/09/2022 | C2 | H V | 15,2 | 4 | 1 | 3 |
| 09:03:00 | 18/09/2022 | K1 | H C | 15,2 | 4 | 1 | 3 |
| 09:06:00 | 18/09/2022 | C1 | H C | 15,2 | 4 | 1 | 3 |
| 09:06:00 | 18/09/2022 | K1 | D C | 15,2 | 4 | 1 | 3 |
| 09:09:00 | 18/09/2022 | C2 | D C | 8,2 | 2 | 1 | 1 |
| 09:09:00 | 18/09/2022 | C2 | D J | 11,7 | 3 | 1 | 2 |
| 09:09:00 | 18/09/2022 | C2 | D S | 15,2 | 4 | 1 | 3 |
| 09:12:00 | 18/09/2022 | Open Para | | 11,7 | 3 | 1 | 2 |
| Podiums à partir de 11:00:00 | | | | | | | |
| 12:30:00 | 18/09/2022 | K2 | H S | 29,2 | 8 | 1 | 7 |
| 12:30:00 | 18/09/2022 | K2 | M S | 29,2 | 8 | 1 | 7 |
| 12:30:00 | 18/09/2022 | C2 | H S | 25,7 | 7 | 1 | 6 |
| 12:30:00 | 18/09/2022 | K2 | D S | 25,7 | 7 | 1 | 6 |
| 12:33:00 | 18/09/2022 | K1 | H J | 22,2 | 6 | 1 | 5 |
| 12:36:00 | 18/09/2022 | K1 | D J | 18,7 | 5 | 1 | 4 |
| 12:36:00 | 18/09/2022 | C1 | H J | 18,7 | 5 | 1 | 4 |
| Podiums à partir de 15:15:00 ou à l'arrivée des course | | | | | | | |

Stop and Go